



YMCA CHILD CARE WEEK 10 LESSON PLAN

WEEK OF: April 19, 2021

THEME: Everyday Heroism

MONDAY

Whole Group (up to 45 mins)

- Attendance/transition activity
- Go over Norms
- Watch Video: Everyday Heroism
- Use the Introduction question:
 - What works of things can we do to improve our community that don't require us to have superpowers?

Reading & Writing (30 mins)

- Activity Option 1: Read and discuss article

Center Activities

After implementing the 2 activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters

- Watch the parent and student video

TUESDAY

Whole Group (30 mins)

- Attendance/transition activity
- Activity : Ask kids to come up with ideas a list of causes and issues in your community.

Physical Play/Outdoor Play

- Activity Option 9: Invite Kids to form groups and create a skit about this weeks theme.

Arts & Crafts (30 mins)

- Activity Option 2: Community Needs Poster

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share with your child a small act of kindness you have done.
- What kind of kindness would you like to have as your superpower?

WEDNESDAY

Whole Group (30 mins)

- Attendance/transition activity
- Discussion: Sharing Circle Script

Reading & Writing

- Activity Option 7: Read a book out loud. Director choice

Arts & Crafts (30 mins)

- Activity Option 3: Draw a solution to a Problem in your community

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- What community needs did your group come up with?

THURSDAY

Whole Group

- Attendance/transition activity
- Discussion
 - Director Choice

Reading & Writing

- Activity Option 4: Draw a solution to a Problem in your Community

Physical Play/Outdoor Play

- Share skit with other groups

Arts & Crafts (30 mins)

- Activity Option 10: Make cards

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- What solutions did your group come up with today?

FRIDAY

Whole Group

- Attendance/transition activity
- Activity Option 6

Reading & Writing

- Activity Option 5: Hold an election

Arts & Crafts (30 mins)

- Finish making cards

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Would you share your skit with me?