



YMCA CHILD CARE WEEK 14 LESSON PLAN

THEME: Implicit Bias

MONDAY

Whole Group (up to 45 mins)

- Attendance/transition activity
- Go over Norms
- Watch Video: Implicit Bias
- Go over vocab: marginalized, stereotype & bias
- Introduced hook question

Reading & Writing

- Activity Option 2

Arts & Crafts (30 mins)

- Activity Option 1

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters

- Watch the parent and student video

TUESDAY

Whole Group (45 mins)

- Attendance/transition activity
- Activity :Discussion
 - Key Concept One
 - Sharing Circle

Reading & Writing

- Activity Option 4

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share with your child your own implicit Bias

WEDNESDAY

Whole Group (30 mins)

- Attendance/transition activity
- Discussion: Key Concept 2

Reading & Writing

- Activity Option 4

Physical Play/Outdoor Play

- Activity Option 5 - #1: Unusual animal movements

Arts & Crafts (30 mins)

- Activity Option 6

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- What bug or animal did you pick that you have a bias against?

THURSDAY

Whole Group

- Attendance/transition activity
- Discussion
 - Key Concept 3 & 4

Physical Play/Outdoor Play

- Activity Option 5 - #2 Unexpected traits version of “duck, duck, goose

Arts & Crafts (30 mins)

- Activity Option 7- drawings to break down stereotypes

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Can you think of a character from a show or in a book where you thought you knew what that character was like at the beginning of the story, and you learned you were wrong? What did you learn about them that challenged your original assumption.

FRIDAY

Whole Group

- Attendance/transition activity
- Discussion
 - Key Concept 5

Physical Play/Outdoor Play

- Share Skits from activity #6 (Share stories about the portraits : Invite children to share their pictures with the group and describe how their portraits help break down stereotype)

Arts & Crafts (30 mins)

- Activity Option 7- Share stories about the portraits

Center Activities

After implementing the activities from above, pick more activities below to fill in if needed. Director's Choice.

- Outdoor play - 30 mins of outdoor play on good weather days
- Homework Time - This should be used for mainly 3, 4, 5 grades
- Tech Time - Choose from the Tech available - this should be directed and guided time
- STEM Activity - Use an activity from MindWorks Box
- Activity specific to site - Director Choice

Parent Sentence Starters:

- Share the skit you did with your group.